

24101015



Reg. No.....

Name.....

B.P.Ed. DEGREE EXAMINATION, FEBRUARY 2024

First Semester

Core Course—OFFICIATING AND COACHING

(2023 Admissions—Regular/2022, 2021, 2020 Admissions—Supplementary/2015—2019
Admissions—Mercy Chance)

Time : Three Hours

Maximum Marks : 80

Part A

*Brief out any **nine** of the following questions.*

Each question carries 2 marks.

- (a) Dynamic exercise.
- (b) Over load.
- (c) Fartlek training.
- (d) Dunking.
- (e) Physical training.
- (f) General warming up.
- (g) Periodization.
- (h) Aerobic exercise.
- (i) Agile strength.
- (j) Skill.
- (k) FIDE.
- (l) Substitute.

Turn over





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- (m) Assistant coach.
- (n) Major game.

(9 × 2 = 18)

Part B

*Write short note on any **six** of the following.*

Each question carries 4 marks.

- (a) Philosophy of officiating.
- (b) Interval training.
- (c) Rules for throw - in football.
- (d) Technical foul.
- (e) Warming up and limbering down.
- (f) Techniques and strategies.
- (g) Free throw in basketball.
- (h) Use of centre circle in football.

(6 × 4 = 24)

Part C

*Explain any **three** of the following.*

Each question carries 6 marks.

- (a) Prepare a model of T. A. D. A. bill for a volleyball team participated in intercollegiate tournament.
- (b) Explain the use of penalty arc in football field .
- (c) Explain the role of a coach during a football match.
- (d) Explain the qualities and qualifications of a coach.
- (e) Explain the position and movements of a referee in football during a corner kick.

(3 × 6 = 18)





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Part D

*Write any **two** essays from the following questions.*

Each question carries 10 marks.

- (a) Describe the movement pattern of the referees and the positions at different occasion in hockey.
- (b) Describe the pre, during and post game duties of an official.
- (c) Describe the integrity and values of sports.
- (d) Explain the role of modern technology in officiating.

(2 × 10 = 20)

