

24101018



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Reg. No.....

Name.....

B.P.Ed. DEGREE EXAMINATION, FEBRUARY 2024

First Semester

Core Course—HISTORY, PRINCIPLES AND FOUNDATIONS OF PHYSICAL EDUCATION

(2023 Admissions—Regular/2022, 2021, 2020 Admissions—Supplementary/2015—2019
Admissions—Mercy Chance)

Time : Three Hours

Maximum Marks : 80

Part A

*Brief out any **nine** of the following questions.*

Each question carries 2 marks.

- (a) Akhadas.
- (b) Learning attitude.
- (c) Experimental learning.
- (d) Cognition.
- (e) Emotional participation.
- (f) Idealism.
- (g) Mental age.
- (h) Adolescence.
- (i) Socrates.
- (j) Cephalocaudal development.
- (k) Laissez-Faire leadership.
- (l) Learning plateau.

Turn over





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- (m) Gerontology.
- (n) Culture.

(9 × 2 = 18)

Part B

*Write short note on any **six** of the following.*

Each question carries 4 marks.

- (a) Learning curve.
- (b) Endomorph.
- (c) Infancy and babbling.
- (d) Attitude and interest.
- (e) Skill learning.
- (f) Indian Olympic Association.
- (g) Pragmatism-a philosophical concept.
- (h) Social cohesiveness.

(6 × 4 = 24)

Part C

*Explain any **three** of the following.*

Each question carries 6 marks.

- (a) Explain the importance of physical education.
- (b) Explain how physical education and sports brings social acceptance and recognition.
- (c) Explain the historical development of sports and physical education during British period in India.
- (d) Explain the recreative value of sports.
- (e) Explain the principles of learning.

(3 × 6 = 18)





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Part D

*Write any **two** essays from the following questions.*

Each question carries 10 marks.

- (a) Describe physical education as an art and a science at the same time.
- (b) Describe the fitness and wellness movement in contemporary India.
- (c) Describe the meaning and scope of physical education and sports in the modern world.
- (d) Describe the psychological foundations of physical education in India.

(2 × 10 = 20)

