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Reg. No.....

Name.....

B.P.Ed. DEGREE EXAMINATION, NOVEMBER 2023

Third Semester

SPORTS PSYCHOLOGY AND SOCIOLOGY

(2015 Admission onwards)

Time : Three Hours

Maximum : 80 Marks

Part A

I. Answer any *nine* of the following questions. Each question carries 2 marks :

- (a) Questionnaire.
- (b) Group dynamics.
- (c) Tradition.
- (d) Personality trait.
- (e) Custom.
- (f) Human growth.
- (g) Language learning.
- (h) Learning by doing .
- (i) Psychology.
- (j) Social groups.
- (k) Individual differences.
- (l) Early childhood.
- (m) Heredity.
- (n) Primary group.

(9 × 2 = 18)

Part B

II. Write short note on any *six* of the following questions. Each question carries 4 marks :

- (a) Observation method.
- (b) Effect of culture in lifestyle.

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- (c) Aggression and sports performance.
- (d) Dimensions of personality.
- (e) Motivational techniques.
- (f) Onam festival and sports in local clubs .
- (g) Kinds of anxiety.
- (h) Types of social groups.

(6 × 4 = 24)

Part C

III. Explain any *three* of the following questions. Each question carries 6 marks :

- (a) Explain the characteristics of personality.
- (b) Explain the importance of culture.
- (c) Cultural influence on sports.
- (d) Explain the laws of learning.
- (e) Growth and Development.

(3 × 6 = 18)

Part D

IV. Write an essay on any *two* of the following questions. Each question carries 10 marks :

- (a) Contributions of psychology to sports and physical education.
- (b) Elaborate the theories of learning.
- (c) How arousal influence sports performance ?
- (d) The role of a psychologist in team performances.

(2 × 10 = 20)

