



QP CODE: 24801013



24801013

Reg No :

Name :

M.P.E.S DEGREE EXAMINATION, FEBRUARY 2024

First Semester

MASTER OF PHYSICAL EDUCATION AND SPORTS

**CORE - PE030103 - TEST, MEASUREMENT AND EVALUATION IN PHYSICAL
EDUCATION**

2020 Admission Onwards

7992FDCC

Time: 3 Hours

Weightage: 30

Part A (Short Answer Questions)

*Answer any **eight** questions.*

Weight 1 each.

1. Meaning of evaluation ?
2. What is subjective test?
3. Tests used in JCR test
4. Test items in Newton motor ability test
5. Tests for physical fitness
6. Test items in Roger's physical test
7. What does the 1.5 mile run test measure?
8. Write the purpose of Margaria - Kalmen test.
9. What are the equipments required for admistering the Dyer tennis test?
10. List the equipments required for conducting the Mc-Donald Soccer test.

(8×1=8 weightage)

Part B (Short Essay/Problems)

*Answer any **six** questions.*

Weight 2 each.

11. Importance of measurement
12. Relation between Measurement and Evaluation





13. Meaning of motor fitness
14. How to conduct Harvard step test?
15. Method for measuring the hip and thigh circumference.
16. Explain the method to measure the Supercilia skin fold.
17. Write the testing procedure of dribble shoot test in Knox basketball test.
18. Write the scoring procedure in Russel Lange Volleyball test.

(6×2=12 weightage)

Part C (Essay Type Questions)

*Answer any **two** questions.*

Weight 5 each.

19. What are the factors and advantages, disadvantages of reliability?
20. Explain brief about the benefits for the sports persons through conducting the muscular fitness test.
21. Meaning and definition of Multi-stage fitness
22. Cooper's 12 minutes run/ walk rest

(2×5=10 weightage)

