

**MAHATMA GANDHI UNIVERSITY, KOTTAYAM**

**MGU-UGP (HONOURS)**

**FIRST SEMESTER EXAMINATION**

**(2024 ADMISSION ONWARDS)**

**COURSE CODE- MG1MDCCND100**

**Course Title - MDC - FOOD AND NUTRITION (PRACTICAL)**

Duration :1 hr

Maximum Marks: 35

1) Develop anyone of the recipes

- a) Protein rich recipe
- b) Vitamin A rich recipe
- c) Vitamin C rich recipe
- d) Iron rich recipe
- e) Calcium rich recipe

20 Marks

[Recipe -5 marks, Preparation- 10 marks, Serving -5 marks]

Record - 5 marks,

Viva- 10 marks

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**MGU-UGP (HONOURS)**  
**FIRST SEMESTER EXAMINATION**  
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**MG1DSCCND100 – BASIC NUTRITION AND DIETETICS PRACTICAL**

Duration: 1hr

Maximum Marks: 35

1. Plan and prepare any full fluid diet.

Or

2. Plan and prepare any soft diet.

20 Marks

[Planning – 5 Marks

Preparation – 10 Marks

Serving – 5 Marks]

Record – 5 Marks

Viva- 10 Marks